

# Dr. Likins

Dr. Likins has been the owner of Chiropractic Care Center in Forest, VA since 2000. He speaks locally and nationally on current health topics. Chiropractic Care Center performs screenings locally using paraspinal thermal imaging to identify neck and back pain, shoulder and hip pain and headaches.

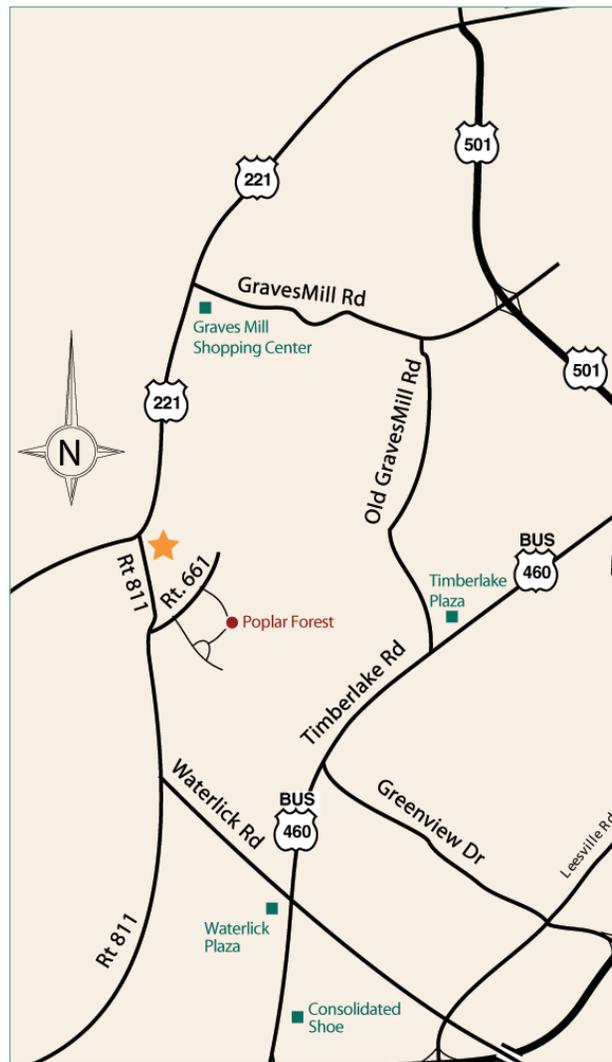
## Dr. Will Likins, DC, FASA

- Has a Degree in Biology from West Virginia University
- Doctorate in Chiropractic from Cleveland Chiropractic of Kansas City
- Fellowship in Acupuncture with the American Society of Acupuncturists
- Nutritional consultant through the American Council on Exercise
- Named Small Business of the Year by Lynchburg Chamber of Commerce

Dr. Likins will treat thousands of patients this year with chiropractic and acupuncture.

**Start Feeling Better Today!**

A Natural Way  
to Better Health



CHIROPRACTIC  
CARE CENTER

1084 Thomas Jefferson Rd. Unit 12  
(Located at the 221 and Rt. 811 Intersection)

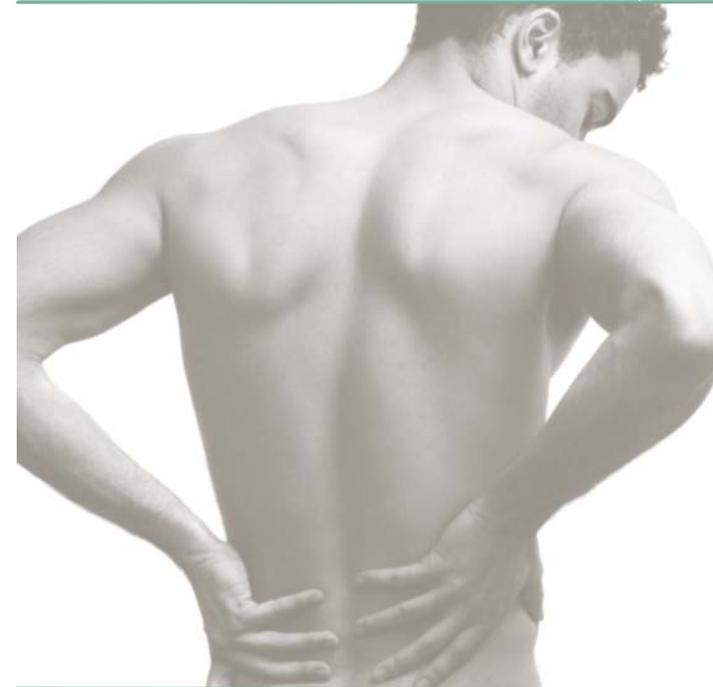
Forest, VA 24551

Phone: 434.525.4588

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The benefits of

# Chiropractic & Acupuncture



A Natural Way  
to Better Health

# we care

## **We Treat the Problem, Not Just the Symptom.**

At the heart of chiropractic philosophy is this simple wisdom: **treat the problem itself, not just the symptoms.** If you only look at the symptoms, the underlying problem is still there and will keep coming back until it's treated.

Chiropractic care is an effective method of treatment for many people who suffer from back pain, neck pain, headaches and other neuromusculoskeletal disorders.



*Chiropractic can alleviate migraines*

The science of chiropractic centers on the body's spine. The spine houses and protects the spinal cord, which is the "switchboard" through which nerve impulses are transmitted from the brain to all parts of the body. In the event of an injury, misaligned vertebrae can interfere with nerve transmissions, inhibit and cause pain or discomfort.

Chiropractic treatment realigns the vertebra so the nerve impulses are not restricted. When the spine is properly aligned, the cause of pain

and malfunction is removed, and the body will return to normal.

## **We take the time to listen**

We have been trained to evaluate your total health picture and will ask questions about your lifestyle and work habits during your consultation. This allows us to focus on the core problem and causes. While the first goal is to relieve pain, the larger goal is to restore good health. Good health cannot be attributed solely to medication, surgery, acupuncture or chiropractic adjustments. It comes from a healthy lifestyle and proper spinal function.

## **What Should I Expect at the Initial Visit?**

### *Patient History*

We discuss the nature and extent of your condition with you to determine if chiropractic or acupuncture care is an appropriate treatment for your condition. If chiropractic or acupuncture care is not suitable for your condition, we readily refer patients to the appropriate health care provider.

### *Physical Exam*

Orthopedic, neurological and spinal examinations, as well as postural analysis, are performed to determine your general health status and specific problems.

### *X-rays*

May be utilized to further assess your health condition if necessary.



## *Treatment Plan*

A personal treatment plan will be developed for you. Treatment methods, along with spinal manipulation, may include electrical muscle stimulation, intersegmental traction and acupuncture. It may also include lifestyle counseling, such as providing work ergonomic advice or exercises aimed at building flexibility, strength and overall well-being. The effects may be immediate or may take time, depending on your general health, lifestyle, past history and regularity of chiropractic and acupuncture care.

## **Chiropractic Care Helps Millions of People Get Relief From Pain.**

Studies show that chiropractic care is twice as effective as medical treatment in returning workers to the workplace and normal daily activities following a back injury. The Agency for Health Care Policy Research Guidelines recommended the use of spinal manipulation for acute low back problems over any other treatment. **Start feeling better today!**

# feel better



*Chiropractic can help you sleep better*